

Ability Enhancement Course  
Syllabus  
Course Code: AE1MYGSP  
नाथपंथ एवं दर्शन

Unit 1st: Origin and Development of Nath Pantha.

Unit 2nd : History and Basic texts of Nath Pantha and related literature.

Unit 3rd : Nath Pantha Sadhana : Practices, Gurus, Siddhas, The aim of Naths, Initiation.

Unit 4th : Influence and Contemporary Nath lineages.

Unit 5th : Comparative study with others yogis :

1. (a) Goraknath and Gautam Buddha  
(b) Goraknath and Patanjali
2. (a) Goraknath and Swami Vivekanand  
(b) Goraknath and Paramahansa Yoganand  
(c) Goraknath and Sri Aurobindo